

## SENSES WALK

### Objectives

For students to put trust in a partner whilst using their senses to be guided along a rope walk.

### Duration

Approximately 50 minutes

### Group Size

Maximum 20 students

### Materials

- 20-30 metre rope
- A blindfold for each pair

### Background

This is a great activity for students to be in a different environment. They learn what tree's, shrubs and the ground feels like, smells like and the trust in another person.

## LESSON PLAN

### Introduction (3 minutes)

Provide the students with information about the safety of the area that they will be following along the rope. If there is any raises, holes or areas of danger you need to point them out now. Make sure that the partner without the blindfold on fully understands the safety of the area.

### Setting the Scene (5 minutes)

Ask students what the five senses are: smell, taste, hear, sight and touch. Ask what senses they think will be most used once they have been blindfolded.

### Activity (30-40 minutes)

1. Split the group into pairs
2. This activity can be done with shoes on or off, this is a personal decision if you think the area is safe.
3. Put blind fold on first child, make sure pair is helping them
4. Send one pair off at a time, making sure that partner is leading them along the rope and the blindfolded child has on hand on the rope at all times
5. Once the pair reaches the end, wait for the last person to finish then swap the blindfolds over.

### Conclusion (5 minutes)

- Ask the students what sense they had to use the most once they were blindfolded.
- Ask students what some of the things that they smelt, heard and touched along the way.
- Ask students if they had confidence in their partners when being guided along the rope.
- Ask students what sense they had to use the most now they couldn't see.

### More information

Contact Sandy Dellwo, Land Services Officer – Education on 03 5880 1415.

## Acknowledgements

This activity has been provided by the Riverina Environmental Education Centre. For more information visit: [www.reec.nsw.edu.au](http://www.reec.nsw.edu.au).

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